

TRİYOG HIGHER SECONDARY SCHOOL

NEWS LETTER

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The boundaries of education are being constantly redrawn. Triyog as an institution needs to be relevant with the times. This calls for continuous adaptation and upgrade in the way we impart education and learning to our students. Our teachers, who are our institution's most valuable resources, will be continuously motivated to understand the dynamics currently prevalent in the education industry and mould their teaching methodologies. That is why we feel industry partnerships are important. We feel it is imperative that Triyog evolves itself as a knowledge-hub and strengthens its impact in the education scenario of Nepal. Such a step requires the continuous involvement of parents, who can and should play a very important role in the school's evolution.

We are moving ahead in our journey to modernize our education delivery mechanism after having carefully evaluated their long-term impact on the learning environment of the school. Our co-curricular and extra-curricular activities are also designed to enable a generation of students to be self-reliant and confident of themselves.

As the current Principal of the School it gives me immense pleasure to reach out to all parents and well-wishers of the school. Let us all work together in making Triyog a knowledge powerhouse.

Niladri S. Parial
Principal

FIELD TRIPS

We believe that Field Trips are an integral part of teaching learning process and we organize two such trips per year for each class.

Classes KG and II went to the central zoo. As young children are fascinated by animal world, visits to the zoo can broaden their knowledge about other living creatures. The children were briefed about the behavioral habits of the creatures such as food, shelter, cleanliness, medical service etc.

Class IV was taken to Patan Durbar Square where the students visited the museum and other places of historical importance.

Bhaktapur Durbar Square, renowned

for its historical background, art and architecture, was the destination for Class X's field trip on August 5, 2014.

On August 6, 2014, the students of Grade IX visited Salinadi, a place of historical importance. Students visited the Barahi temple, the most important landmark near the river.

The students of grade VIII visited the



Chhauni museum on October 15, 2014, which was established by Bhimshen Thapa, and was made public in 1939 AD.

On October 17, students of grade VII went to Sericulture Development Division, Khopasi where they learnt about the process of silk manufacturing.



INTER HOUSE EVENTS

Inter House Elocution Contest

The Inter House Elocution Contest in English was held on July 24. In the Intermediate category, Phewa House emerged victorious and Sandhya Niroula of Tilicho House adjudged the Best Elocutionist. Avishruti Pant of Phewa House was declared the Best Elocutionist in the Senior category. Phewa House was the overall winner.



Inter House Elocution Contest

Inter House Assembly - Classes IV to VI

House Assemblies are conducted in our school to develop leadership qualities and team spirit amongst our students. On July 25, House Assembly was held at the school auditorium for students of grade IV to VI. Rara House enthralled every one with their performance and bagged the top spot.

Inter House Group Dance Competition

In the first ever Dance competition for the tiny tots organized at our school, Begnas house, Phewa House and Rara House were the overall winners in Classes I, II and III groups respectively. The contest was a fascinating one with children dressed in colourful costumes. We appreciate the effort that Gu Dani, our Chinese language teacher and Ms. Shreedevi Shrestha, our junior dance instructor put in for the competition.



Inter House Dance

Inter House Quiz Competition

Our students show keen interest in quizzing and that was exhibited in the Quiz Contest held on September 18. Begnas House won in the Intermediate Category and Rara House were the overall winners in the Seniors category. Our school's Seniors Quiz team has been performing commendably in inter school competitions since the past few years.

Inter House Art Competition

The Inter House Art contest was held on September 23 for students of Classes IV to X. Sakar Baral of Class II, Sugam KC of Class III, Ashim Sthapit of Class IV, Inusha Poudel of Class VIII and Shreemila Shrestha of Class IX were the winners in their respective categories. The program was a success with the involvement of class teachers and our art instructors Mr. Subhas Shrestha and Mr. Ishan Pariyar.



We love our Class Days!

Inter House Assembly

The Inter House Assembly for grades I-III was held on October 17. It was a treat to see the tiny tots take center stage and perform commendably. Our teachers from the primary section must be mentioned here for their effort.



Jai Nepal!

Inter House Spin a Yarn Competition

The Inter House Spin a Yarn contest for classes IV to X was organized on 20th October. An extempore event like this hones public speaking capabilities and helps build confidence in children. Kushal Raj Thapa and Pragyesh Poudel of Phewa House, Aatimiya Silwal and Bishaka Adhikari of Begnas House and Kriti Shrestha and Aayusha Shrestha of Begnas House were the winners in Junior, Intermediate and Senior Category respectively. The program was enjoyed by one and all present.



Spin a Yarn

INTER SCHOOL ACTIVITIES

Oratory Contest

On the auspicious occasion of 88th birthday of Vikkhu Dhamanushasakh Aswogosh, Dharmakriti Buddhist Study Circle had organized an Oratory Contest for secondary level students. We are immensely proud that our students Prasun Subedi, Yuki

Shrestha and Ruby Shrestha were able to bag all the first top three positions. Well done girls!

Art Contest

Aishwarya Sharma Dhakal, Somika Shrestha and Maliya Rana Magar won the 1st, 2nd and 3rd prizes in the Art

Contest organized by the Chandbagh School. Aishwarya S Dhakal, Venus Bhatt and Lisha Dongol were able to bag consolation prizes at the Art Contest organized by Nepal Bouddha Pariyati Sikshya Kendra. Somika Shrestha, Luja Dev Manandhar and Maliya Rana Magar were awarded

organized by Dharma Kriti Buddha Vihar. Congratulations students and the art department for bringing in a record nine awards in a single month. A job well done!



Tiny hands at work

Quiz at DAV school

At the Maths Olympiad organized by DAV Public School, Sumit Aryal of Class VIII and Archit Aryal of Class VII made us proud by winning the third position amongst ten participating schools. The ten schools were selected on the basis of merit in an online competition. Well done boys and our Maths department!

Halwai, and Ramesh Maharjan. Honourable Minister of Education Mrs. Chitralekha Yadav was the Chief Guest for the occasion. Besides giving away the prizes for the debate, the Honorable Minister also handed over the Sharada Memorial Gold Medal to the SLC Topper for 2013-2014, Suyukti Acharya. Malpi School was adjudged the overall winners.



Let's go organic

Visiting School from China

On August 22, 6 students from Sichuan Bright Foreign School visited our school. A friendly game of chess was organized between them and the students of Chess Club of our school. The participating students from our school were Samriddhi Silwal, Manan Bhandari, Kushal K. Shrestha, Baradan Joshi, Kismat Roka Magar, Skand Koirala, Shaswat Pandit and Samrat Rajaure. The game ended in a tie with both the schools winning a game apiece.



Visitors from China

Macfair

City Montessori School of Lucknow organizes Macfair - an International inter-school event, every alternate year. The participants from our school this year were Aayushma Manandhar, Darshana Singh, Aayushi Sethia, Aayushma Adhikari, Bishal Dhakal, Diwas Lamichhane and Prithwi Shrestha, who participated in various events. The team escorted by Mrs Durga Karki was awarded the Best Disciplined School.

The students Grade VIII, accompanied by respective class teachers, were taken to see Matilda - a Musical, at the invitation of Malpi International School on July 19.



That's the right note

Visit by Paras Khadka

Triyog family proudly hosted Paras Khadka, the Nepali Cricket team skipper at an interaction program that was held at the school auditorium. The program was thoroughly enjoyed by our students.



Paras Khadka at Triyog

Triyog has a visitor from the US

Sahara Shrestha, a US-born Nepali girl visited our school on August 14 and interacted with students of grade X. Sahara shared her experience about her life in the US and answered queries from our students. It was a good learning experience for all present.

A farewell program to Mrs. Indu Gandhi was organized on August 20 by the teachers and staff of the school at the school auditorium. Mrs Gandhi was with us for four years and we wish her all the very best.



Farewell to Mrs Gandhi

Ncell Literary Fest

16 students were selected to visit the Ncell Literary Fest. Our students had a chance to witness a national-level literary fest that was attended by renowned literary figures from Nepal and India.

Excursion to Darjeeling and Sikkim

Students from grades VIII and IX went on a week-long excursion to Darjeeling and Sikkim. Discover Destination was our travel partner for the tour. A total of 57 students accompanied by four teachers went for the trip.



Darjeeling and Sikkim tour



First hydropower station of Nepal



Israeli Ambassador Mr. Hanan Goder Goldberg awarding Venus Bhatt